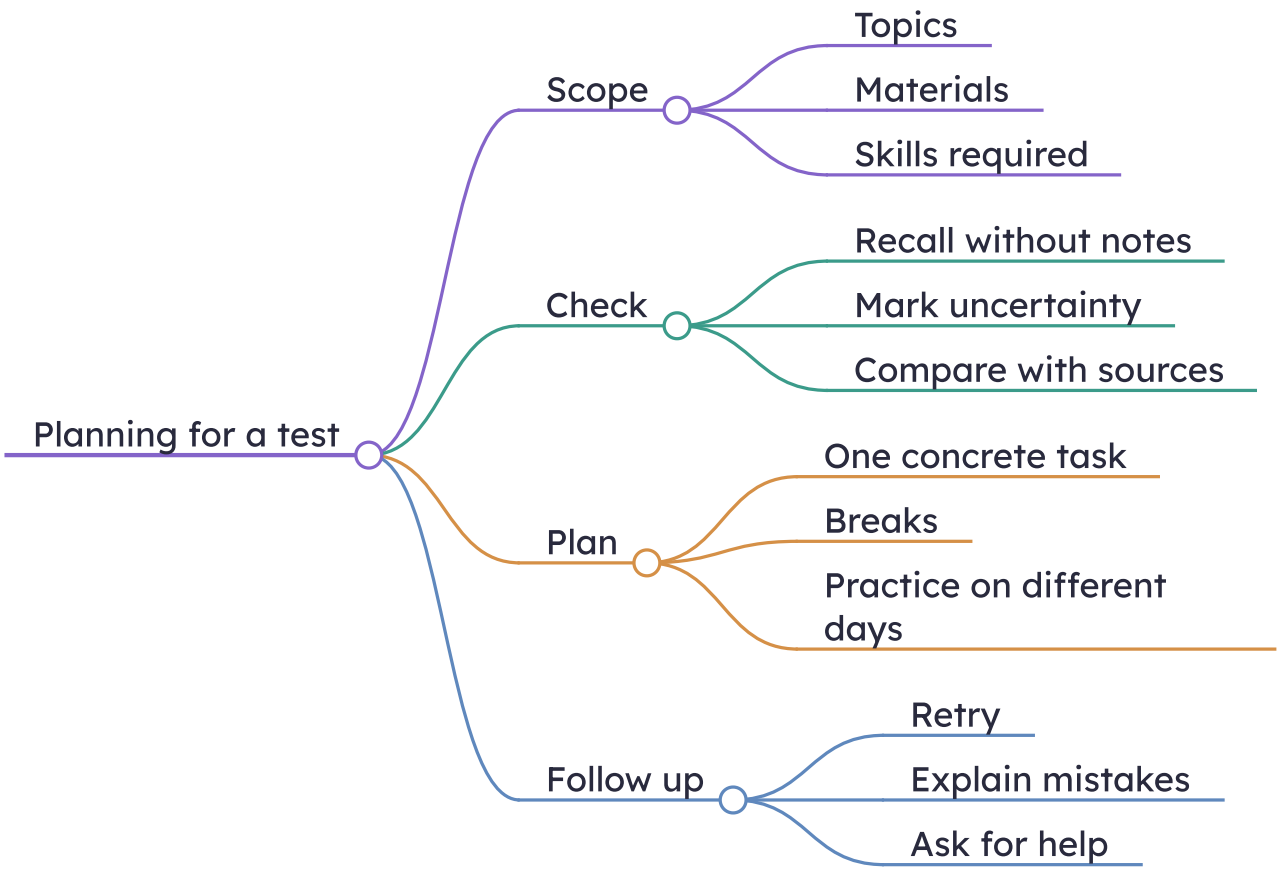
Planning for a test

Turn a broad intention into specific practice and evidence of progress.



Read one branch at a time. Then cover the details and explain them in your own words.

Understand the topic

Begin with the topics and skills the test covers. Try a short retrieval task before dividing your time. Use the result to prioritize gaps, spread practice over several days, and leave time to check answers and ask for help. A study session should produce something you can evaluate.

How the map is organized

The four branches form a repeatable cycle: scope, check, plan, and follow up.

> **Watch out for this**
> Time spent at a desk is not the same as learning. Look for an explanation or solution you can produce independently.

Try it yourself

Choose three test topics. Attempt one question on each without notes, schedule targeted practice, and plan a later retry.

Two questions to answer

Which goal is easiest to evaluate?

It names an action and a checkable result.

What does an initial self-test help you do?

It reveals which areas need more work.

Sources

learningcenter.unc.edu
https://learningcenter.unc.edu/tips-and-tools/studying-101-study-smarter-not-harder/

Original practice material compiled by Studera.ai. Explore at studera.ai/en/resources/mind-map-examples.